



## Friday 23 February - Sunday 25 February 2018

Mantra Lorne, Mount Joy Parade, Lorne, VIC

### Registrar's Free Papers - Friday 23 February 2018

Judges - Juliette Gentle, Keith McCullough, Roger Westh

#### 12.30pm Registration & Lunch

- |  |                       |
|--|-----------------------|
| 1.20pm Welcome - Tim Lording   |                       |
| 1.30pm Efficacy of an Australian volunteer medical education-based outreach program in Malawi  | Stacey Cole           |
| 1.39pm Pauwels 4 - a modification of the classification of intracapsular femoral neck fractures, and results of a surgical series  | Johnny Rayner         |
| 1.48pm Windows to the midfoot – the modified dorsal approach in the management of lisfranc injuries  | Andrew Philpott       |
| 1.57pm Achilles tendon rupture: a 5 year audit of public hospital management   | Kaenson Ang           |
| 2.06pm Fragment-specific fixation vs volar plating for distal radius fractures- a retrospective cohort study with minimum 1 year follow-up using patient reported outcome measures | Cassandra Coetzee     |
| 2.15pm Cobalt chrome vs stainless steel head in primary THR. A review of AOANJRR data  | Larissa Mammoliti     |
| 2.24pm Acromial stress fracture after reverse total shoulder replacement – a systematic review   | Simon Lau             |
| 2.33pm “Rebound pain” after interscalene brachial plexus blockade in shoulder surgery- how often,how bad?  | Tharsa Thillainadesan |
| 2.42pm Spinopelvic dissociation following trauma – the Royal Melbourne Hospital experience   | Catherine Guest       |
| 2.51pm Evaluation of the clinical outcome of facet joint distraction following ACDF for patients with traumatic cervical spine injury  | Nathan Kirzner        |
| 3.00pm Afternoon tea   |                       |
| 3.30pm Does patient resilience predict surgical recovery and outcome? A systematic review  | Ferraby Ling          |
| 3.39pm The influence of patient resilience and health status on satisfaction after total hip and knee arthroplasty - a pilot study   | Sam Lynskey           |
| 3.48pm The effect of posterior condyle sizing on extension in total knee arthroplasty  | Andrei Diacon         |
| 3.57pm Coronal tibial alignment is linked to femoral rotational asymmetry  | Shun Hayasaka         |
| 4.06pm Treating asymptomatic bacteriuria before arthroplasty – are we wasting our time?  | Lara Barnsley         |
| 4.15pm Early complications of total hip arthroplasty related to surgical approach  | Wayne Hoskins         |
| 4.24pm Short metaphyseal loading cement less stems in hip arthroplasty: likewise before a systematic review of short stem hip arthroplasty   | Daniel Epstein        |
| 4.33pm Incidence and outcome of ceramic-on-ceramic bearing fracture in total hip arthroplasty  | Jason Trieu           |
| 4.42pm Relevance and accuracy of clinical investigations in patients with knee pain presenting to an orthopaedics practice   | Raman Sethi           |
| 4.51pm The perils of parallax  | Lucas Annabell        |
| 5.00pm Surviving the orthopaedic training program  | Tony Dunin            |
| 5.15pm Workshop - Mentee   |                       |
| 7.00pm Welcome Cocktail Party - Lorne Surf Club  |                       |

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### Saturday 24 February 2018

- 7.00am-8.45am AOA Associate Members Tutorials (Concurrent Sessions)  
Foot and Ankle (Andrew Beischer), Hips (Dirk Van Bavel), Spine (Kris Lundine)
- 7.15am-8.45am AOA21 Workshop - Workplace Based Assessments  
- Grant Pang, Victorian and Tasmanian AOA 21 Regional Lead

### Scientific Sessions

- 8.50am Welcome Marinis Pirpiris and Tim Lording
- SESSION 1 HIP ARTHROPLASTY: Advances or fads?** **Moderator: John O'Donnell**
- 9.00am Which approach to THR is really the best-An RCT comparing Anterior and Posterior approaches Parminder Singh
- 9.12am Why I choose to have an Anterior Approach THR. Is it riskier than other approaches? Sam Patten
- 9.24am Why consider a short femoral stem THR : is it just the next marketing fad? Steve McMahon
- 9.36am Discussion
- HIP ARTHROSCOPY: Not just bump removal**
- 9.46am The place for hip arthroscopy in the treatment of hip instability Siva Chandrasekaran
- 9.58am Gluteal tendinopathy- which conservative and operative treatments really work? Jane Fitzpatrick
- 10.10am Femoroacetabular impingement surgery. Is it true that we have no evidence of effect? John O'Donnell
- 10.22am Discussion
- 10.30am Morning Tea
- SESSION 2 FOOT AND ANKLE An update on managing common foot and ankle trauma** **Moderator: Alison Taylor**
- 11.00am Syndesmotic injuries and tightropes David Shepherd
- 11.08am Posterolateral approach for posterior malleolus fractures Vikki Pliatsios
- 11.16am Wave plate fixation for calcaneal fractures Jo Lenaghan
- 11.24am Lisfranc injuries- plates Vs screws Harvinder Bedi
- 11.32am Turf Toe injury and management Hamish Curry
- 11.40am Management of Forefoot fractures Janet Hsuan
- 11.48am Discussion
- 12.00pm Lunch
- SESSION 3 Upper Limb** **Moderator: Richard Page**
- 1.00pm Short stem shoulder replacements – current experience Warwick Wright
- 1.15pm Lateralising the Glenoid in replacement surgery Soong Chua
- 1.30pm The use of PSI in the shoulder Prue Keith
- 1.45pm The CSAW trial - Impact on current practice Kevin Eng
- 2.00pm Humeral shaft fracture outcomes Richard Large
- 2.15pm Discussion
- 2.30pm Afternoon Tea
- SESSION 4 Plenary** **Moderator: Marinis Pirpiris**
- 3.00pm The role of VICNISS in the prevention and management of surgical site infections Michael Richards
- 3.20pm Patient testimonials: The good the bad and the untrue Anna MacLeod
- 3.40pm The Medical Board's Role in Professional Regulation Joanna Flynn
- 4.00pm AOA President Speech & AOA21 Update Lawrie Malisano
- 4.30pm-5.15pm VICAGM
- 5.15pm-6.15pm Workshop - Mentor
- 6.45pm Conference Dinner - Lorne Beach Pavilion (Venue is next door to Mantra (beachside) see registration for map)

# ANNUAL SCIENTIFIC MEETING 2018



AOA  
AUSTRALIAN  
ORTHOPAEDIC  
ASSOCIATION

## AOA Victoria Branch - Scientific Program

### Sunday 25 February 2018

7.00am - 8.45am AOA Associate Members Tutorials (Concurrent Sessions)

Paediatrics (Richard Angliss), Knee (Justin Wong), Upper Limb (Kevin Eng)

7.15am - 8.45am AOA21 Workshop - Trainee Rotations - A Planned Approach

- Christos Kondogiannis, Victorian and Tasmanian AOA 21 Regional Lead

### Scientific Sessions

#### SESSION 5 TRAUMA

9.00am	Subcapital Femur Fracture Controversies - the answers	<b>Moderator: Elton Edwards</b>
9.15am	Subtrochanteric Femur Fractures - evidence based tips for a better outcome	Matthias Russ
9.30am	Proximal Humerus Fractures - How the PROFHER RCT and other evidence has changed my practice	Elton Edwards
9.45am	Locking plates - What are they and a guide for correct usage?	Ash Moaveni
		Roger Bingham

#### SESSION 6 SPINE Spine surgery for orthopaedic surgeons (when you don't need a spine surgeon) **Moderator: Sue Liew**

10.00am	Spinal clearance	Sue Liew
10.05am	Spinal clearance radiology	Pramit Phal
10.15am	Non-surgical thoraco-lumbar trauma	Greg Etherington
10.30am	Spinal causes of hip and knee pains	Lu Ton
10.45am	Discussion	
10.50am	Morning Tea	

#### SESSION 7 KNEE

11.15am	Are we under-utilising osteotomies around the knee?	<b>Moderator: David Mitchell</b>
11.25am	Factors affecting length of stay & pain after knee replacement	Tim Whitehead
11.35am	Complex Tibial Plateau Fractures - Beyond Schatzker Classification	David Mitchell
11.45am	Discussion	Arvind Jain
11.55am	Arthroscopic knee surgery & influence of K&L grade	Alasdair Sutherland
12.05pm	Addressing the high re-injury rate in young patients who undergo ACL reconstruction	Julian Feller
12.15pm	Should we augment ACLs with extra-articular reconstructions more often?	Luke Spencer
12.25pm	Discussion	
12.30pm	Meeting Closure and Lunch	

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